



Upcoming events

To make it easy for you to register for these events, please RSVP to our friendly receptionists. You can choose to phone them, T 02 6058 4000 or email reception@aspire.com.au.



Albury Wodonga Down Syndrome Family Network Group

What:

Join us for a tasty morning tea (catering for dietary needs) and an opportunity to relax and catch up.

Where:

Red Brick Cafe
3/525 Sanders Road, Lavington

When:

10:00am on 18 or 19 November 2017 (Group choice)

Cost:

Partially subsidised by the Together Program

Albury Wodonga Home Schooling Family Network Group

What:

Music sessions will be organised, which will include:

- short songs and games to learn about rhythm, pitch, dynamics, and tempo - introduce some terminology
- listening to music to discuss all the above plus timbre, texture

introducing music notation (a group activity composing ostinatos and then playing on percussion instruments)

Note: The date for a Thurgoona Community Garden visit is also being confirmed

Where:

To be confirmed

When:

1:00pm on Tuesdays 7, 14, 21 and 28 November 2017

Cost:

Nil

Aspire Family Network Group

What:

Join us for a relaxing dinner for Carers at the Goods Shed. Please feel free to contact us if you require assistance in organising respite.

Where:

The Goods Shed
1/71 Church Street, Wodonga

When:

6:30pm on Friday 17 November 2017

Cost:

Meal subsidised by the Together Program

Healthy Mothers Healthy Families Support Group

Walking Group

What:

Each week we take the time as a group to go for a walk and talk. It is great for the mind as well as your fitness. New mothers welcome. You are invited to join us for tea/coffee afterwards.

Bookings essential.

Where:

Leaving from the main carpark at Sumsion Gardens/Belvoir Park in Wodonga

When:

9:00am on Wednesday 7, 15, 22 and 29 November 2017

Cost:

Subsidised by the Together Program

Swimming Group

What:

This is a social swimming group – we talk while we swim. Free passes are available for all mothers attending. Meet at the front of WAVES.

Bookings essential.

Where:

WAVES
8 Mactier Street, Wodonga

When:

9:00am on Monday 6, 13, 20 and 27 November 2017

Cost:

Nil

Sole Parents Network

What:

Join us for a relaxing morning tea and a chance to catch up.

Where:

Bean Station Café
1/46 Elgin Blvd, Wodonga

When:

10:30am on Friday 17 November 2017

Cost:

Partially subsidised



Attention Deficit Hyperactivity Disorder and/or Oppositional Defiant Disorder and Related Conditions Support Group

What:

Expressions of interest invited for a night at the movies together for Carers.

Where:

Regent Cinemas
456 Dean Street, Albury

When:

Time TBC, Saturday 18 November 2017

Cost:

Session subsidised by the Together Program

Autism/Aspergers Family Network Group

What:

Join us for morning tea with Guest speaker – Edwina Beer – Senior Psychologist/Behaviour Support at Aspire. Edwina has extensive experience of Autism Spectrum Disorder. This will be a Question and Answer session. If you have questions that you can forward prior to the morning tea for Edwina to prepare it would be appreciated

Bookings essential.

Where:

La Maison Café
40 Lincoln Causeway, Gateway Island

When:

10:00am-12:00pm on Thursday 23 November 2017

Cost:

Session subsidised by the Together Program

Dads Group

What:

Join us for a relaxing evening of friendship with dinner and trivia.

Bookings essential.

Where:

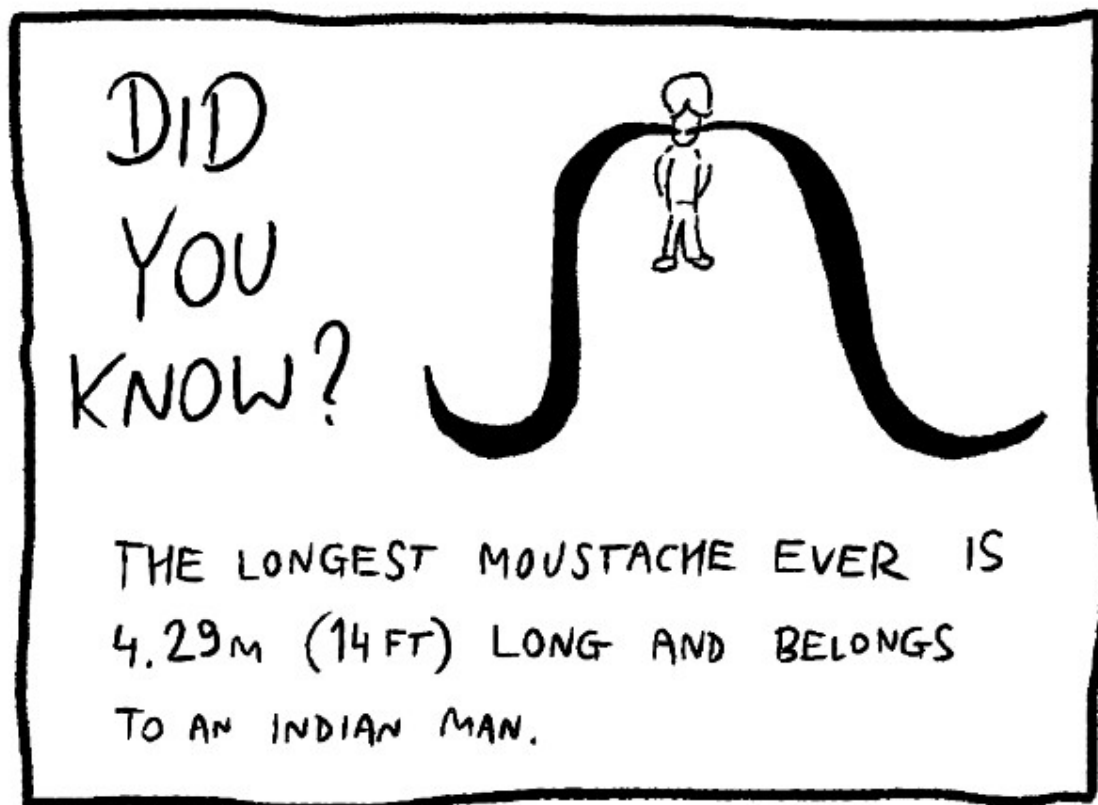
St. Ives Hotel
64 Lincoln Causeway, Wodonga

When:

6.00pm/6.30pm on Thursday 23 November 2017
Trivia commences at 7.00pm

Cost:

Evening subsidised by the Together Program



If you have any queries regarding any of these upcoming events, please feel free to contact your friendly customer service team. Phone 02 6058 4000 or email customerservice@aspire.com.au.

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