



## SEPTEMBER 2017

# EVENTS CALENDAR

Welcome to your latest Aspire Events Update.

For your information, below are the events being hosted by Aspire Support Services for September 2017.

To make it easy for you to register for these events, please RSVP to our friendly receptionists. You can choose to phone them, or email [reception@aspire.com.au](mailto:reception@aspire.com.au).

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## Healthy Mothers, Healthy Families Support Group - Albury Wodonga

### Family Swim Session

Kick start your school holidays by taking the kids for a swim at the Wodonga YMCA. We have a number of FREE swim passes for our families to use.

**Bookings essential. Please phone your friendly customer service team on 02 6058 4000 or email [reception@aspiress.com.au](mailto:reception@aspiress.com.au)**

#### **Where:**

Wodonga YMCA, Wodonga Sports and Leisure Centre, Hedgerow Court, Wodonga

#### **When:**

Monday, 25 September 2017, 11:00am to 12:00pm (you can stay longer if you wish)

#### **Cost:**

Subsidised by YMCA Wodonga and Together Program

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### Thursday Morning Walking Group

**Bookings essential. Please phone your friendly customer service team on 02 6058 4000 or email [reception@aspiress.com.au](mailto:reception@aspiress.com.au)**

#### **When:**

Thursday, 7 September 2017, 9:30am

Thursday, 14 September 2017, 10:00am

Thursday, 21 September, 9:30am

**Where:**

Meet at the Albury Community Woodfire Oven

**Cost:**

Subsidised by Victorian HACC Program and Together Program

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## Dads Group

Join us for dinner - a chance to catch up.

**Bookings essential. Please phone your friendly customer service team on 02 6058 4000 or email [reception@aspiress.com.au](mailto:reception@aspiress.com.au)**

**Where:**

St Ives Hotel

64 Lincoln Causeway, Wodonga

**When:**

Thursday, 28 September 2017, 6:00 for 6:30pm. Trivia commences at 7:00pm

**Cost:**

Partially subsidised by the Together Program

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## Autism/Aspergers Family Network Group

You are invited to join us for a relaxing morning tea prior to the commencement of the school holidays.

**Bookings essential. Please phone your friendly customer service team on 02 6058 4000 or email [reception@aspiress.com.au](mailto:reception@aspiress.com.au)**

**Where:**

Geoffrey Michael Patisserie

669 Dean Street, Albury

**When:**

Thursday, 21 September 2017, 10:30am

**Cost:**

Partially subsidised by the Together Program

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## Albury Wodonga Home Schooling Family Network Group

Combined afternoon tea with children's activities provided. Guest speakers on Respite Services and the NDIS.

**Bookings essential. Please phone your friendly customer service team on 02 6058 4000 or email [reception@aspire.com.au](mailto:reception@aspire.com.au)**

**Where:**

La Maison Restaurant,  
40 Lincoln Causeway, Wodonga

**When:**

Thursday, 21 September 2017, 1:30pm.

**Cost:**

Partially subsidised by the Together Program

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## Attention Deficit Hyperactivity Disorder and/or Oppositional Defiant Disorder and Related Conditions Support Group

Combined afternoon tea with children's activities provided. Guest speakers on Respite Services and the NDIS.

**Bookings essential. Please phone your friendly customer service team on 02 6058 4000 or email [reception@aspiress.com.au](mailto:reception@aspiress.com.au)**

### **Where:**

La Maison Restaurant,  
40 Lincoln Causeway, Wodonga

### **When:**

Thursday, 21 September 2017, 1:30pm.

### **Cost:**

Partially subsidised by the Together Program

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## Aspire Family Network Group

Join us for a relaxing tapas style lunch at the new Sports Bar at the Commercial Club. Take some time

for you as a Carer before the school holidays start.

**Bookings essential. Please phone your friendly customer service team on 02 6058 4000 or email [reception@aspiress.com.au](mailto:reception@aspiress.com.au)**

**Where:**

The Sports Bar, Commercial Club  
618 Dean Street, Albury

**When:**

Wednesday, 20 September 2017, 12:00pm

**Cost:**

Partially subsidised by the Together Program

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## Albury Wodonga Down Syndrome Family Network Group

Gold Class movie, date and time to be decided by the group.

**Bookings essential. Please phone your friendly customer service team on 02 6058 4000 or email [reception@aspiress.com.au](mailto:reception@aspiress.com.au)**

**Where:**

Regent Cinemas Gold Class  
Dean Street, Albury

**When:**

To be decided

**Cost:**

Gold Class ticket provided. Catering partially subsidised by the Together Program

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## Sole Parents Network

Due to the Melbourne Show Adventure on Tuesday 3 October there will be no group meeting in September.

On 3 October, travel as a group by train. A variety of activities are on offer for all ages and it should be

a great day! This is a Victoria and NSW school holiday activity.

Please RSVP with your payment before 19 September 2017 to Aspire.

**Bookings essential. Please phone your friendly customer service team on 02 6058 4000 or email [reception@aspiress.com.au](mailto:reception@aspiress.com.au)**

**Where:**

Melbourne Show

**When:**

Tuesday, 3 October 2017

**Cost:**

Price will be \$43.00 adult, \$31.50 child 5-14yrs, \$36.00 concession. This fee covers Melbourne Show entry and return train travel per person only. Any other costs are the responsibility of the attendee (such as food or show bags, shopping etc).

**When:**

Tuesday 3 October 2017

[More information](#)

## Carers Victoria NDIS Education Sessions

This program explores changes in the disability support system and discusses future planning with a family-centered approach.

Four NDIS Information Sessions for Carers will be run on the following dates in Albury/Wodonga. Each session is three hours in duration.

**If you are interested in attending these sessions, please phone your friendly customer service team on 02 6058 4000 or email [reception@aspiress.com.au](mailto:reception@aspiress.com.au)**

**Where:**

La Maison Café, 40 Lincoln Causeway, Gateway Island

**When:**

Tuesday, 12 September 2017, 10:30am. Session 2: Adapting to change

Tuesday, 10 October 2017, 10:30am. Session 3: Managing the change

Tuesday, 17 October 2017, 10:30am. Session 4: Making your voice heard

**Cost:**

Free. Subsidised by Carers Victoria.

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If you have any queries regarding any of these upcoming events, please feel free to contact your friendly customer service team. Phone 02 6058 4000 or email [customerservice@aspire.com.au](mailto:customerservice@aspire.com.au).



These activities are supported by funding from the Together Program, and the Commonwealth and Victorian Governments under the HACC program.

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