

The Ripple

Edition 9

Welcome to your latest edition of The Ripple

Hello again,

This week we will farewell Trevor Cowell from his General Managers role with Aspire as he enters retirement.

Trevor has been working for Aspire for almost 3 years and has been instrumental in leading, guiding and transforming Aspire through the transition to the NDIS. Trevor brought a wealth of knowledge and experience to Aspire from his many years working in a variety of health organisations.

In recent times Trevor has entrenched himself with all things NDIS and in particular around the quoting mechanism for Supported Independent Living (SIL).

Whilst we are disappointed to be losing Trevor we are also very excited for him to begin a new chapter of his life. We will be forever grateful for the contribution to Aspire that he has made and we wish him well in his retirement.

Best wishes Trevor from everyone at Aspire.

If you have any questions about any of the information provided in The Ripple, please feel free to contact us. We are here to support you.



Nigel Stone
CEO

220 Borella Road
Albury
PO Box 7374
East Albury NSW 2640
Tel 02 6058 4000
Fax 02 6058 4050
www.aspiress.com.au
reception@aspiress.com.au

NDIS UPDATE



What is Early Childhood Intervention?

Early Childhood Intervention (ECI) is the process of providing specialised support and services for infants and young children with developmental delays or disabilities, and their families. This support helps to promote development, well-being and community participation.

Aspire Early Childhood Intervention provides high-quality education and therapy services to your young child with a developmental delay or disability, and to your family.

How we will work with you

Each family has a main contact person called a Key Worker. Your Key Worker is a part of a transdisciplinary team and may be an educator, a physiotherapist, a speech pathologist or an occupational therapist. You will work with your Key Worker on the goals you set as a family.

A Key Worker has specialist knowledge of child development and has experience in working with young children with developmental delays and disabilities. With support from other team members, your Key Worker works in partnership with you and other caregivers. They will provide advice, education, and therapy to promote your child's learning, development, and participation in everyday activities.

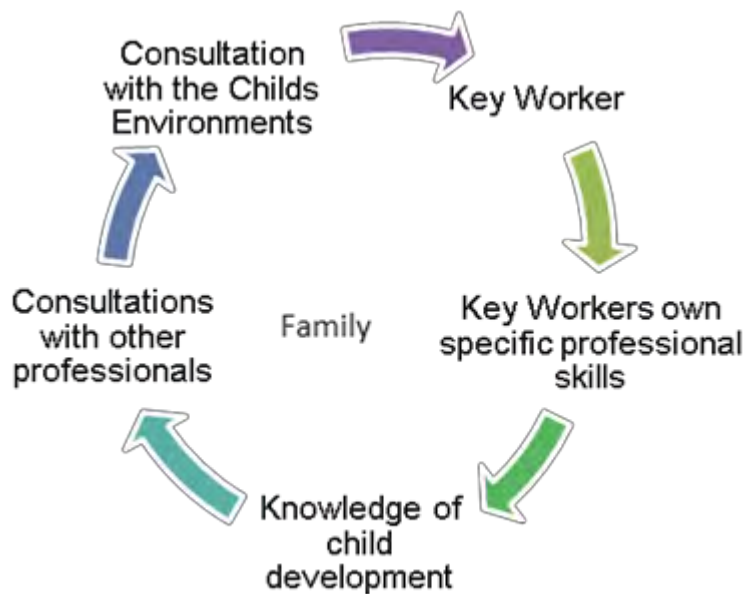
Your child may also access specialist play and learning groups. These groups aim to help your child develop all the skills they need to be included in other education and care environments, like preschool or child care.

NDIS UPDATE (CONT’)

How we will make decisions with you

Your family is the most important people in your child's life. You have the greatest influence on making changes in your child's development. You are the “Expert” on your child.

Your family will be involved in all the decisions about what you want to achieve for your child and how you want to achieve it.



Where will my key worker and I meet?

Children learn best in the places where they spend most of their time. The best way for a child to learn is through play and everyday activities. A Key Worker will support you and your child in all the different places they go.

If you have any questions regarding Aspire Early Childhood Intervention services please contact your Aspire Customer Service Team, T 02 6058 4000, E customerservice@aspiress.com.au.

BOARD UPDATE

Board Update – April 2018

Hello to all our readers.

2018 is already getting away from us with Easter already gone, but the Board has been hard at work.

We have added two new members to our Board and I take great pleasure in introducing them to you. At the same time, I also must acknowledge the wonderful work done by our outgoing members – Andrew Cottrill, Noel Sargent, and Sue Slater.

Their time and input into a variety of areas and Board matters, including Clinical Governance, Community Engagement and Finance, their individual strengths and skills as well as their camaraderie will be missed by us all.

Thank you all for being part of Aspire's history and growth.

We welcome Emma Reid and John Duck.

They each bring a wealth of experience to specifically sought-after skill areas required as part of our ongoing Strategic and Succession Planning.

Both have worked in a variety of large organisations, within allied health, medical and disability fields in positions of significant responsibility, enabling them to have a perspective of our role as Board Directors, as well as from a Management viewpoint. We take great pleasure in welcoming Emma and John to the Aspire Board and look forward to putting those talents to good use.

Board Performance

The Board has just undertaken one of our regular, in-depth surveys, in conjunction with lengthy phone interviews, looking at our own performance, that of the CEO and the Board's relationships within the organisation's structure

and management. This process allowed us to be honest in our self-appraisal and to identify areas of our practice that we would like to address.

It was terrific that both new Board members were able to attend the last meeting where we had a professional facilitator spend three hours working her way through those compiled results and working with us to map out and prioritise our next steps in planning and focus. It was time very well spent, beginning with revisiting various scenarios of several corporate boards where cases had arisen around practices that had occurred over the years.

It was an excellent way for us to focus on exactly what our duties are, and from there to re-set our course.

We plan to restructure some of our Subcommittees, with a view to greater feedback, to seek more efficiencies in areas such as Reporting Frameworks and to working on multi-levels with our Management Team, in the running of the organisation.

We very much value and look forward to supporting our customers and staff. We will continue to all work together to facilitate a smooth transition for our customers to the NDIS.

Warm regards



Lizzie Pogson
Board Director
on behalf of the Aspire Board.

GENERAL INFORMATION

Announcing Aspire and Bandits Partnership

As part of our community engagement we have recently committed to a Community Partnership with the Bandits basketball club.

Why has Aspire partnered with the Bandits?

Aspire has partnered with the Bandits to demonstrate our commitment to our local community, through working with organisations with similar values.

The Bandits and Aspire have worked together for a number of years, with players becoming employees of Aspire.

The time is right to turn this successful relationship into a partnership.

The Bandits and Lady Bandits are committed to our local region. One way they demonstrate this commitment is through their players working alongside people with disabilities and their families to achieve their goals and aspirations. Like Aspire, they believe that everyone should be able to achieve their goals and live the life they choose. That is why Aspire is partnering with the Bandits.

What is involved?

Along with employment opportunities offered by Aspire, we have sponsored the player jackets of both the Bandits and the Lady Bandits. The Aspire logo is displayed with the additional tagline of Working with the Bandits, Hand in Hand. This is to reflect the synergy of our two organisations.

The Aspire and the Bandits partnership will be promoted through other avenues, such as:

- advertising
- signage
- a video of the two organisations working together
- attending games.

We look forward to continuing our partnership with the Bandits and working together to support our community.



ASPIRE EVENTS - EXPRESSIONS OF INTEREST

Expressions of Interest

Melbourne Mothers Weekend 2018

This year, the Mothers Weekend is planned for Friday, 10 August to Sunday 12 August, staying at the Mantra on Russell, in the centre of Melbourne in two-bedroomed apartments.

In order to be able to apply for funding, please confirm your interest before Friday 1 June. If you require respite in order to attend and need assistance with organising this, please let us know when you register your interest.

Contact your Aspire customer service team.

T 02 6058 4000, E customerservice@aspiress.com.au, W www.aspiress.com.au



EXPRESSIONS OF INTEREST (CONT')

Healthy Mothers Healthy Families Support Group - Walking Group

Expressions of Interest for the Walking Group restarting Friday, 18 May, with Rebeca Semaiha. Meeting at the Wood-fired Oven at Noreuil Park, Albury at 9:30am.

To express your interest in joining this group, please contact your Aspire customer service team.

T 02 6058 4000, E customerservice@aspiress.com.au, W www.aspiress.com.au

New Support Group - Caring Grandparents Network

We are delighted to let you know that we have been successful in obtaining funding for a support group for Grandparents who care for their grandchildren with additional needs.

This group will provide an opportunity for grandparents to meet for morning tea, initially, to plan how they would like the group to run.

It's a chance to hear from grandparents who have considerable experience and knowledge in raising their grandchildren.

To express your interest in joining this group, please contact your Aspire customer service team.

T 02 6058 4000, E customerservice@aspiress.com.au, W www.aspiress.com.au



UPCOMING EVENTS

Aspire Events

Bookings for all Aspire events are essential. Please RSVP to the Aspire Customer Service Team.
T 02 6058 4000, E customerservice@aspiress.com.au



Mothers Day Morning Tea

Where: Café Borellas, Borella Road, East Albury
When: Tuesday 8 May, 10.00am to 12.00pm
What: A Mothers Day Morning Tea, celebrating mothers who care. Tea/coffee and cake will be provided.



Attention Deficit Hyperactivity Disorder and/or Oppositional Defiant Disorder and Related Conditions Support Group

Where: Blazing Stump, 3415 Anzac Pde, Wodonga
When: Thursday 17 May, 12.30pm to 2.30pm
What: Lunch and an opportunity to relax and catch up with other families in the group.



Autism / Aspergers Family Network Group

Where: La Maison, Lincoln Causeway, Wodonga
When: Thursday 17 May, 10.00am to 12.00pm
What: Join us in starting the conversation on Autism, and Performing and Creative Arts.

Susan Ackerly – Parent
Jo Ellis – Teacher of violin, piano and voice
Sharyn Hill – School of Performing Arts and Creative Expression



Dads Group

Where: Bradys Railway Hotel, 450 Smollett St, Albury
When: Thursday, 17 May, 6.30pm to 8.30pm
What: Dinner and a catch up with other Dads who are carers.

UPCOMING EVENTS (CONT')



Down Syndrome Family Network

- Where:** Turtle Park, Frederick's Park,
1025-1029 Fairview Drive, North Albury
- When:** Sunday, 20 May, 11.00am to 1.00pm
- What:** Relax and catch up with other families in the group. Please bring something to share for a BBQ lunch.



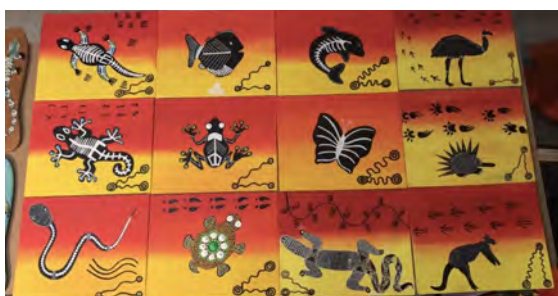
Family Network Group

- Where:** Goods Shed, 1/71 Church Street, Wodonga
- When:** Wednesday 16 May, 12.00pm to 2.00pm
- What:** A relaxing lunch and the opportunity to catch up with other families in the group.



Healthy Mothers Healthy Families Support Group - Swimming Group

- Where:** Edge Aquatics, 2 Sage Court, Baranduda
- When:** Thursday afternoons, 3, 10, 17, 24, 31 May
12.00pm to 1.00pm
- What:** A leisurely swim in the new magnesium pool..



Home Schooling Family Network Group

- Where:** Wirraminna Environment Education Centre,
Howlong Road, Brocklesby
- When:** Thursday 10 May, 10.30am to 1.00pm
- What:** A guided 90-minute tour of the Environmental Education Centre followed by lunch.



Solo Parent All-ability Support Group

- Where:** Café Borellas, Borella Road, East Albury
- When:** Wednesday 16 May, 10.00am to 12.00pm
- What:** Morning tea, a chat, and the chance to catch up with other solo parents.

For detailed information on upcoming Aspire events and activities, go to the online calendar on the Aspire website, www.aspiress.com.au, or contact your friendly customer service team.

T 02 6058 4000, E customerservice@aspiress.com.au, W www.aspiress.com.au

These activities are partially subsidised by the *TogetherProgram*

COMMUNITY EVENTS



ARE YOU MAKING THE MOST OF THE NDIS?

Carers Victoria education are providing free of charge education program for carers of a participant with a NDIS plan.

The program aims to provide carers with:

- an opportunity to reflect on their first experience with NDIS,
- address challenges with NDIA, services, and the person they care for,
- identify and build on skills required to engage with NDIS, and
- approaches to prepare for their forthcoming and future review meetings.

The program will cover post plan implementation, reviews, issues and complaints.

The program would be delivered in 2 x 4.5 hour sessions running from 10am – 2.30pm (including a catered lunch break).



For more information:

Cost: \$0

Commitment to: 2 sessions, held on June 20 and June 27, 2018

Places: Sessions are limited to 20 carers who care for someone with a NDIS Plan

Location: La Maison Café, 40 Lincoln Causeway, Gateway Island VIC 3690

RSVP & Questions:

To RSVP and advise dietary requirements please contact Sue Pringle, Aspire, (02) 6058 4000 or Sue.Pringle@aspire.com.au

For further information on the program please contact Laura Jardine, Carers Victoria, (03) 9396 9592
laura.jardine@carersvictoria.org.au

AN AUSTRALIA THAT VALUES AND SUPPORTS ALL CARERS

www.carersvictoria.org.au

COMMUNITY EVENTS (CONT')



BLACKLOCKS ISUZU TRUCKS

Jack Maher

CLASSIC

SATURDAY 19TH MAY 2018

INCORPORATING THE BELVOIR SPECIAL SCHOOL

CHARITY LUNCHEON



RAISING MONEY FOR KIDS WITH A DISABILITY



TABLES OF 8
\$125 PP

INCLUDES:
RACEDAY ENTRY
2 COURSE MEAL
& 4.5HR DRINKS PACKAGE

WITH GUEST SPEAKER MICHELLE BRIDGES



**FOR TICKETS PLEASE PHONE 02 6056 1214
OR VISIT WWW.COUNTRY.RACING.COM/WODONGA**



PRE-PURCHASE
your raceday tickets at
country.racing.com/wodonga





220 Borella Road

Albury

PO Box 7374

East Albury NSW 2640

Tel 02 6058 4000

Fax 02 6058 4050

www.aspiress.com.au

reception@aspiress.com.au

Disclaimer

Any information in this communication has been prepared without taking into account your personal circumstances. You should seek specific advice before acting on any material.

Aspire Support Services ABN 26 154 156 215, accepts no liability whatsoever for reliance on it.