

Welcome to your latest edition of The Ripple

Hello again,

Exciting news from Aspire this week as we were announced as a finalist in the Albury Wodonga Chamber Business Awards in the Category of Excellence in Health, Education, and Disability Services. We are very proud to have achieved this honour and we will be doing our best to impress the judges in the final stage. We are up against some strong competition and we will be showcasing Aspire to the judging panel next week.

On the horizon are two very important dates for Aspire and for families on both sides of the Border. On the 1 July in NSW and 1 October in Victoria, all State Government funding for Disability services will cease. The only funding for Disability services will be through the National Disability Insurance Scheme (NDIS). After these dates families will need to have an NDIS package.

If you have any questions or concerns regarding the NDIS please contact our Customer Service Team for assistance. We want to ensure that you are supported through this transition and that you continue to receive the services you need.

With the full roll out in the Albury Wodonga region comes some great opportunities and one of those opportunities is employment.

We are planning for significant growth in demand for our services and in order to meet that demand, we will require additional staff. If you know of anyone that may be interested in a career change, is leaving school or has a passion for supporting people with a disability have them send their resume to human.resource@aspiress.com.au.

If you have any questions about any of the information provided in The Ripple, please feel free to contact us. We are here to support you.



Nigel Stone
CEO

NDIS UPDATE



Employment opportunities with the NDIS

Did you know that it is estimated that the NDIS will generate 88,400 employment opportunities by 2020*?

What does this mean for our community?

The national unemployment rate is currently sitting at 5.5%, which equates to approximately 716,000 unemployed persons in Australia. Unemployment amongst the younger population is far higher at 11.2% nationally**.

A reduction in unemployment means an increase in economic activity. And that means everyone benefits and more employment opportunities are created. Additionally, there is strong evidence that reducing unemployment reduces inequality, and that it also improves social effects on our communities.

What type of employment is available in the disability sector?

The Disability sector is going through exciting change. From direct support to behind the scenes roles, people in the disability sector work together to ensure that customers and clients can achieve their goals and aspirations.

We are one of the fastest growing sectors which means more job opportunities than ever before!

There are many roles available from entry level to professional and corporate, with plenty of opportunities to train and grow in your career.

If you're looking for a role that is purpose driven, offers more flexibility and is better aligned to your personal and professional values, then the Disability sector is for you.

NDIS UPDATE (CONT’)

The sector is diverse, but the common entry points if you’re just starting out are:

Frontline support	Frontline professional	Administration, Corporate and Management
Direct Support Workers	Speech Pathologists	Human Resources
Direct Support Team Leaders	Occupational Therapists	Quality Assurance
Program Assistants	Physiotherapists	Marketing and Communications
Support Coordinators	Teachers	Finance
Residential Care Workers	Psychologists	Customer Service
	Behaviour Practitioners	Administration

What is Aspire doing?

At Aspire, we recruit on people’s attitude. One of the most rewarding aspects of being part of the Aspire team is the potential to use your skills and passions to build meaningful relationships with people who contribute as much to your life as you do to theirs.

Whatever your role with Aspire, your work has an impact and there are many rewards and benefits to supporting people with disability, some of which you may never have considered.

If you want to work in the disability sector

The disability sector offers not just paid employment, but a range of different employment options depending on your interests.

As a purpose-driven, diverse and often flexible industry, the disability sector has the potential to tick all these boxes for job seekers.

If you have a great attitude, are fun to be around, have a great personality, and you really want to support people with a disability, then working in the disability sector may be for you.

And if you’re not sure if a career in the support sector is right for you, or what type of support sector career you are suited to, you can find out some career options by completing the Carer Careers Quiz.

If you’re looking for a role where you do something different, very meaningful and worthwhile, then get in touch, E human.resource@aspiress.com.au.

* Source: NDIS Integrated Market, Sector and Workforce Strategy

** Source: Labour Force Australia, ABS, Sept

NDIS UPDATE (CONT')

New NDIS Code of Conduct Rules

The Quality & Safeguarding Commission recently released the National Disability Insurance Scheme (Code of Conduct) Rules 2018. NSW and SA are the first two states to come under the new NDIS Code of Conduct from 1 July 2018.

What are the Code of Conduct rules?

The NDIS Code of Conduct Rules are a National Code of Conduct for NDIS service and support providers. The rules are aimed at supporting NDIS participants to make informed decisions when choosing NDIS supports and services. And, importantly, to live free from abuse, neglect, violence, and exploitation.

Who is covered by the Code of Conduct?

All providers of NDIS supports, regardless of whether they are registered or not, must adhere to the NDIS Code of Conduct. This can include workers who are paid or unpaid. It also includes people who are self-employed, employees, contractors, consultants and/or volunteers.

There are seven minimum standards that NDIS providers and workers must meet:

- (a) act with respect for individual rights to freedom of expression, self-determination, and decision-making in accordance with applicable laws and conventions; and
- (b) respect the privacy of people with disability; and
- (c) provide supports and services in a safe and competent manner, with care and skill; and
- (d) act with integrity, honesty, and transparency; and
- (e) promptly take steps to raise and act on concerns about matters that may impact the quality and safety of supports and services provided to people with disability; and
- (f) take all reasonable steps to prevent and respond to all forms of violence against, and exploitation, neglect and abuse of, people with disability; and
- (g) take all reasonable steps to prevent and respond to sexual misconduct

What does this mean for you?

The NDIS Code of Conduct means the rights of people with disability are upheld. And, this means the services and supports provided through the NDIS are safe.

It means you can be confident that you have access to safe and ethical supports. Therefore, if you don't feel you have this access, then you can raise a complaint about potential breaches of the NDIS Code of Conduct. Then the Quality and Safeguarding Commissioner can investigate the complaints.

As an Aspire customer, the NDIS Code of Conduct should not have a significant impact. This is because supporting our customers respectfully and ethically has always been our priority. Our Vision, Mission, and Values reflect this.

We always welcome feedback on how we are doing. It helps us to improve our services and focus on continuing doing what we do well. If you ever wish to provide feedback, or make a complaint about our services, you can do so via our website, www.aspiress.com.au.

EVENTS

Expressions of Interest

Melbourne Mothers Weekend 2018

This year, the Mothers Weekend is planned for Friday, 10 August to Sunday 12 August, staying at the Mantra on Russell, in the centre of Melbourne in two-bedroomed apartments.

Please confirm your interest by contacting your Aspire Customer Service Team.

If you require respite in order to attend and need assistance with organising this, please let us know when you register your interest.

Contact your Aspire Customer Service Team.

T 02 6058 4000, E customerservice@aspiress.com.au, W www.aspiress.com.au

Solo Parent All-ability Support Group - Family Weekend Away

Expressions of Interest for Family Weekend Away at Mulwala Ski Park (camping or cabin accommodation), 13-15 July 2018.

Contact your Aspire Customer Service Team.

T 02 6058 4000, E customerservice@aspiress.com.au, W www.aspiress.com.au

Community Events

Puberty, Sexuality and Relationships Workshop for Parents and Carers

A workshop for parents and carers of people with intellectual disability and autism spectrum disorders. Facilitated by Family Planning NSW.

Circus Quirkus 2018

Circus Quirkus is on again. To book your tickets contact your Aspire Customer Service Team.

The "all about ME" Carer Wellbeing Expo

Calling all carers. The Border Carers Reference Group are hosting a Carer Wellbeing Expo.

See over the page for further detail of the Community Events

COMMUNITY EVENTS

Puberty, Sexuality and Relationships: A workshop for parents and carers of people with intellectual disability and autism spectrum disorders

**Find out how to support your family
member's personal development and
sexuality in a positive way!**



Come join the team at Family Planning NSW and our special guest speaker Liz Dore for an interactive workshop that will cover issues across the lifespan including:

- Disability and sexuality
- Preparing for puberty
- Decision making and safety
- Taking care of health and hygiene
- Supporting friendship and relationship development
- Supporting positive and safe sexual expression
- Tips for talking about sex and answering tricky questions

Parents, foster parents, relatives and other unpaid carers of people with intellectual disability and autism spectrum disorders of all ages are welcome.

Unfortunately we are unable to accept registrations from professionals for this event.

This forum is not suitable for children. We regret we are unable to provide respite/childcare.

Date:

Tuesday 19th June 2018

Time:

10am – 1pm

Venue:

Atura Albury,
648 Dean St, Albury NSW 2640

Cost:

Free

Funded by nib Foundation



For more information:

Erin Donnelly

Family Planning NSW

P: 02 8752 4312

E: erind@fpnsw.org.au

[Click here to register online](#)

COMMUNITY EVENTS (CONT')

Rotary Club Of Albury Inc.

Proudly Presents...



FREE Non-Animal Circus for Local Disadvantaged & Underprivileged Kids!

International Entertainment's **Non-Animal CIRCUS QUIRKUS** is a contemporary take on your favourite, traditional circuses of ages past. It is an eclectic and entertaining mix of Circus acts brought to you from all over the world.

Internationally renowned Clowns, Jugglers, Acrobats, and more deliver funny, hugely engaging and sometimes death-defying acts of unbelievable skill.

This Show has been generously sponsored by the Business Communities of the Albury / Wodonga Region & its surrounding areas.

Tickets are FREE for local disadvantaged & underprivileged kids, their families, carers, teachers, etc. We hope it provides a wonderful day out together that otherwise may not be possible.

The show is suitable for audiences of all age. The venue supports & accommodates wheelchair access & seating. Circus Quirkus does not use animals in its performances. For further information, please visit the websites...

<http://www.circusquirkus.com.au/>

<http://alburyentertainmentcentre.com.au/your-visit>

WHERE & WHEN!

ALBURY ENTERTAINMENT CENTRE (Main Auditorium)

525 Swift Street, Albury NSW TUESDAY 24 JULY 2018

12.30pm & 5.30pm

(Show Duration approx. 90 minutes - Interval Inclusive)

Please contact your Aspire Customer Service team to book your tickets

Phone: 02 6058 4000

Email: customerservice@aspire.com.au

COMMUNITY EVENTS (CONT')

Border Carers Reference Group presents...

The "all about ME" carer wellbeing expo

Calling all carers! Join us for an Expo featuring wellbeing activities, door prizes, information stalls and guest speakers. Come along and find new ideas and rediscover the inner you!

Thursday 28 June

TIME: 10am to 2pm
WHERE: Mirambeena Community Centre
19 Martha Mews, Lavington, NSW 2641
COST: FREE! Catering provided.
RSVP: RVSP to Intereach CRCC on 02 6021 0970
by Monday 25 June



UPCOMING ASPIRE EVENTS

Aspire Events

Bookings for all Aspire events are essential. Please RSVP to the Aspire Customer Service Team.
T 02 6058 4000, E customerservice@aspiress.com.au



Attention Deficit Hyperactivity Disorder and/or Oppositional Defiant Disorder and Related Conditions Support Group

Where: Blazing Stump, 3415 Anzac Pde, Wodonga

When: Thursday 21 June, 6.30pm to 8.30pm

What: Join us for an opportunity to relax and catch up over dinner with other families in the group. Children are welcome.



Autism / Aspergers Family Network Group

Where: La Maison, LincolnCauseway, Wodonga

When: Thursday 28 June, 10.00am to 12.00pm

What: Join us in continuing the conversation on Autism, and Performing and Creative Arts.

Sharyn Hill – School of Performing Arts and Creative Expression
Loretta Caunt, Intereach Community Engagement
Sue Beddowes, Intereach LAC



Caring Grandparents Group

Where: Café Borellas, 117 Borella Road, Albury

When: Friday, 8 June, 10.00am to 12.00pm

What: Inaugural meeting and morning tea.

UPCOMING EVENTS



Down Syndrome Family Network

- Where:** Rumble Tumbles, 1/929 Calimo Street, Albury
- When:** Sunday, 24 June, 2.00pm to 4.00pm
- What:** Join us for a family get-together at Rumble Tumbles and an opportunity to catch up with other families in the group.



Family Network Group

- Where:** Retro Lane Café, QEII Square, 525 Swift Street, Albury
- When:** Tuesday, 26 June, 9.30am to 11.00am
- What:** Join us for a relaxing morning tea in Albury and the opportunity to catch up with other Carers in the group.



Healthy Mothers Healthy Families Support Group - Swimming Group

- Where:** Edge Aquatics, 2 Sage Court, Baranduda
- When:** Monday 4, 11, 25 June 12.00pm to 1.00pm
- What:** A leisurely swim in the new magnesium pool.



Healthy Mothers Healthy Families Support Group - Walking Group

- Where:** Noreuil Park, Wodonga Place Albury
- When:** Friday 8, 15, 22, 29 June, 9.30am to 10.30am
- What:** Take the time as a group to go for a walk and talk. It is great for the mind as well as your fitness. New mothers welcome.

UPCOMING EVENTS (CONT')



Healthy Mothers Healthy Families Support Group - Special Event

Where: Noreuil Park, Wodonga Place Albury

When: Thursday, 14 June, 10.00am to 12.00pm

What: Come along to the Crochet Group at the SAC on the Lincoln Causeway. This is for all levels of ability from beginners to advanced. Some wool provided. The Crochet Group recommends that you bring your own crochet hook. Size 5-6mm is the best.



Home Schooling Family Network Group

Where: Wirraminna Environment Education Centre, Howlong Road, Brocklesby

When: Thursday 14 June, 10.30am to 1.00pm

What: A guided 90-minute tour of the Environmental Education Centre followed by lunch.



Solo Parent All-ability Support Group

Where: Elmwood Café, Beechworth Road, Wodonga

When: Thursday 7 June, 10.30am to 12.30pm

What: Morning tea, a chat, and the chance to catch up with other solo parents.

For detailed information on upcoming Aspire events and activities, go to the online calendar on the Aspire website, www.aspiress.com.au, or contact your friendly customer service team.

T 02 6058 4000, E customerservice@aspiress.com.au, W www.aspiress.com.au

These activities are partially subsidised by the *TogetherProgram*

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Disclaimer

Any information in this communication has been prepared without taking into account your personal circumstances. You should seek specific advice before acting on any material.

Aspire Support Services ABN 26 154 156 215, accepts no liability whatsoever for reliance on it.