

The Ripple

Edition 15

Welcome to your latest edition of The Ripple

Hello again,

Thank you to everyone that took the time to complete Aspire's Customer survey that was sent out recently.

We've had a great number of responses to the survey and we will now use this information to assist us with developing a plan into the future around the types of service customers and families would like to see offered by Aspire.

We always welcome your feedback and hope that you continue to advise us into the future about your needs.

We also surveyed Aspire staff to tell us from their perspective. As frontline staff and those that have the greatest amount of communication with customers and staff, we wanted to understand what they see as opportunities for improvement to services and the different service types we should consider for the future. Again, we had a great response from Aspire staff and we will also be using this to inform our decision making.

The NDIS has provided both challenges and opportunities over the last 12 months and we need to continue to work together to ensure the best result is achieved.

Please continue to provide us with your feedback as its important that we understand what is working for you and what isn't, so that we can support you to achieve your goals and outcomes.

Please keep an eye out for the survey and take the time to complete it. We really value your input.

If you have any questions about any of the information provided in The Ripple, please feel free to contact us. We are here to support you.



Nigel Stone
CEO

December/January Office Hours



Aspire will be closed over the festive period as per the times below:

For further information regarding our Christmas closures, contact our friendly customer service team, E customerservice@aspiress.com.au, T 02 6058 4000

Aspire Borella Road Office

Closed from 5:00pm, Friday 21 December 2018 until 9:00am, Wednesday 2 January 2019

Aspire Early Childhood Intervention

Closed from 5:00pm, Friday 21 December 2018 until 9:00am, Wednesday 2 January 2019

Aspire Short-term Accommodation

Closed from 10:00am, Monday 24 December 2018 until 3:00pm, Sunday 30 December 2018

Aspire Lifestyle and Learning

Closed from 5:00pm, Friday 21 December 2019 until 9:00am, Thursday 3 January 2019

Aspire Supported Accommodation

Services as normal

Aspire in the community?

The annual Wodonga Children's Fair

Aspire recently participated in the Wodonga Children's Fair where we had a stand on-site with giveaways, activities, and information.

We were located at the front of the fair, where we handed out well in excess of 300 helium filled Aspire balloons, hundreds of bubbles, lots of visuals, visual schedules, information sheets, flyers, and business cards.

Importantly, it was a great opportunity to chat face to face with many families who either have children requiring supports or know a family member who does and with families who are embarking on the NDIS process. We were able to discuss the services we provide to children, adolescents, adults and their families throughout the Albury Wodonga region.



The annual Aspire Oaks Day Luncheon

Thursday, 8 November 2018 marked ten years of Aspire Oaks Day Luncheons at the Albury Race Club.

Aspire's Oaks Day Ladies Luncheon is Aspire's sole fundraiser, where the dollars raised (in addition to an annual donation from the Albury Commercial Club) are then distributed through the Community Grants Scheme.

A great day was had by all and we hope to share further images and amount raised with you soon.

Aspire Activities



Groups:	Mother Daughter High Tea
What:	For Grandmothers, Mothers and Daughters of any age to share some personal time together
When:	Arrival 11:15am. Commences 11:30am to 2:30pm, Sunday 25 November 2018
Location:	Commercial Club, Dean Street, Albury
Group:	Attention Deficit Hyperactivity Disorder and/or Oppositional Defiant Disorder and Related Conditions Support Group
What:	Morning tea
When:	10:00am to 12:00pm, Thursday 15 November 2018
Location:	La Maison Cafe, Lincoln Causeway, Wodonga
Group:	Autism/Asperger's Family Network Group
What:	Morning tea and guest speaker
When:	10:00am to 12:00pm, Thursday 22 November 2018
Location:	La Maison Cafe, Lincoln Causeway, Wodonga
Group:	Carers Victoria NDIS Support Group
What:	Lunch and guest speaker
When:	12:30pm to 2:30pm, Wednesday 28 November 2018
Location:	La Maison Cafe, Lincoln Causeway, Wodonga
Group:	Caring Grandparents Group
What:	Breakfast
When:	9:15am to 11:15am, Friday 16 November 2018
Location:	Albury Manor House, 593 Young Street, Albury
Group:	Dads Group
What:	Activity and date to be confirmed by consensus of the group. Contact Glenn 0412 084 537 or Sue Pringle at Aspire 02 6058 4000 if you are interested in meeting.
When:	TBA
Location:	TBA
Group:	Down Syndrome Family Network Group
What:	Morning tea
When:	10:30am to 12:30pm, Saturday 17 November 2018
Location:	TBA

Bookings essential

Contact your Customer Service Team.
T 02 6058 4000
E customerservice@aspiress.com.au

www.aspiress.com.au



Aspire Activities



Groups:	Family Network Group
What:	Lunch
When:	12:30pm to 2:30pm, Friday 23 November 2018
Location:	Soden's Hotel, 459 Wilson Street, Albury
Group:	Healthy Mothers Healthy Families Support Group
What:	Dinner
When:	6:30pm to 8:30pm, Friday 16 November 2018
Location:	Hapi Dumpling and Bao BAr, 465c Dean Street, Albury
Group:	Home Schooling Family Network Group
What:	Wonga WETland exploration
When:	10:00am to 12:00pm, Thursday 29 November 2018
Location:	2377 Riverina Highway, Splitters Creek

Bookings essential

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Aspire Activities

Early Childhood Intervention Workshop

It Takes Two to Talk—Hanen Program

Language delay is the most common developmental disorder in young children.

Approximately 5-8% of preschool children experience a delay in their language development that continues into adulthood.

As such, training parents and guardians to be more responsive to their children's communicative attempts and helping them fine-tune their language input so that it facilitates expressive and receptive language development, represents a critical component of any intervention offered for young children with language delay.

As a family-centred intervention, It Takes Two to Talk empowers caregivers to act as primary language facilitators, as well as promoting their competence and confidence to assume this role.

- It Takes Two to Talk reflects the following aspects of family-centred practice:
- Recognises the family as the constant in child's life
- Promotes family-professional collaboration/partnership versus clinician-directed intervention
- Provides resources and supports in ways that strengthen families' capabilities
- Respects families' diversity, strengths and individuality
- Encourages family-to-family support

Workshop details

When: Dependent upon majority – 10:30am to 12:30pm Mondays or 4:00pm to 6:00pm Wednesdays. Commencing the week of 21 January 2019

Price: \$2,117.00 plus travel to home, includes six centre-based parent/guardian groups and four home-based individual sessions). This can be charged to your child's NDIS plan under Improved Daily Living.

Location: Centre-based groups – Aspire Support Services, Early Childhood Intervention Centre, Building 711, Charles Sturt University, Elizabeth Mitchell Drive, Thurgoona

Bookings essential.

Bookings close 7 December 2018. Contact Reception at Aspire to reserve your spot. T 02 6058 4000. E reception@aspiress.com.au.

Community Activities



International Day of People with Disability

**Albury Wodonga
community event**

**Monday, December 3, 2018. 11am to 2pm, lunch provided.
QEII Square, Dean St, Albury**

The Albury City Access Committee and Wodonga Community Access Advisory Group invite you to an end of year celebratory event to mark International Day of People with a Disability.

The event will be a platform for people to share their experience of disability and is aimed at celebrating diversity and promoting rights of all people. The event will include guest speakers Eliza Ault-Connell, Alannah McKeown, Melissa Noonan and local community member Kylie Paull. There will be live entertainment and a free community barbecue.

RSVP by 5pm on Wednesday, November 28 via eventbrite or to Anthea Maher, Community Planning and Development Co-ordinator, Wodonga Council on (02) 6022 9343 or amaher@wodonga.vic.gov.au

Please advise of any dietary, transport or accessibility requirements with RSVP.

wod.city/IDPWD18

Eliza Ault-Connell



Alannah McKeown



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Disclaimer

Any information in this communication has been prepared without taking into account your personal circumstances. You should seek specific advice before acting on any material.

Aspire Support Services ABN 26 154 156 215, accepts no liability whatsoever for reliance on it.