

The Ripple

Edition 21

Welcome to your latest edition of The Ripple

Hello everyone,

Just over one week ago Aspire made some significant announcements regarding its direction around service delivery and also our vision for the future. Following on from this announcement I would like to encourage anyone that is considering Supported Independent Living (SIL) as an accommodation option to contact Aspire's Customer Service team to express your interest. We currently have some accommodation options available to us but depending on the level of demand we may need to source additional accommodation. We believe that there is significant demand in the community for this type of accommodation so we would like to hear from anyone that is thinking about this option.

Supported Independent Living can be a wonderful experience and can significantly enhance a persons life. Aspire has successfully operated a number of Supported Independent Living facilities for many years and we would like to offer more opportunities for families to consider this type of housing as an option in the future.

Please contact Aspire's Customer Service Team (customerservice@aspiress.com.au) for more information and to register your interest.

Nigel Stone
CEO



Aspire Customer Information



Advocacy

Each month, the Aspire Customer Information section provides updates and information on different policies and procedures, and services that you, as an Aspire customer, should be aware of.

This month we are focusing on Advocacy.

Aspire's Advocacy Commitment

Upon commencing services, new participants are informed of:

- The role of advocates
- Their right to use advocates and advocacy services
- How to contact and involve advocacy agencies

Participants are supported if they choose to:

- Self-advocate
- Change advocates
- Withdraw their authority for an advocate

If a participant needs an advocate and a family or carer cannot provide it, we will attempt to introduce an advocate chosen by the participant. If a participant requests one of our workers to be an advocate, their authority to act is recorded along with the issues important to the participant and their goals.

We will work with the advocate chosen by a participant and involve the advocate in all areas of the participant's service planning and decision making. Whenever a participant is assisted by an advocate, we will document this.

If there is information about our policies and procedures that you would like us to share, email customerservice@aspiress.com.au

NDIS Update



Service Agreements

The NDIS website has information on making a service agreement and what information service agreements might include.

Below is an excerpt from the article .

Making a service agreement

Making a service agreement:

- Most of your NDIS supports will be delivered by providers. Providers are people or businesses of your choice.
- You will normally need to make a written agreement with your provider(s). This is called a Service Agreement.
- Service Agreements should be simple and set out how and when your supports will be delivered.

Service agreements might include information such as:

- What supports and services the provider agrees to provide.
- The cost of those supports and services.
- How, when and where you would like your supports and services to be provided.

To read the full article go to:

www.ndis.gov.au/participants/working-providers/making-service-agreement

Community Events and Activities

Rotary Club Of Albury Inc.

Proudly Presents...



International Entertainment's animal-free '*Circus Quirkus*'.

Circus Quirkus is a contemporary take on favourite, traditional circuses of ages past. It is an eclectic & entertaining mix of circus acts brought to you from all over the world. Internationally renowned clowns, jugglers, acrobats & more, deliver hilarious, hugely engaging & sometimes death-defying acts of unbelievable skill.

Circus Quirkus provides children of all ages, abilities and backgrounds an opportunity to experience world-class entertainment in an inclusive, accessible & safe environment where they feel welcomed and free to be themselves without restriction or judgement.

Please visit the website for further details... <http://www.circusquirkus.com.au/>

Thanks to the generous support & sponsorship from the business communities of the Albury/Wodonga Region and its surrounding areas, tickets are **COMPLIMENTARY** for children who have faced any difficulties or disadvantage in recent times, including but not limited to children with a disability, ASD, chronic illness, in foster-care or with low socio-economic status. We hope it provides a wonderful day of respite & fun.

**Tickets for all family members, carers, teachers, etc. are also complimentary.*

***Companion cards are accepted at this event.*

WHERE & WHEN!

ALBURY ENTERTAINMENT CENTRE (Main Auditorium)

525 Swift Street, Albury NSW

MONDAY 22 JULY 2019

11.30am & 5.30pm

(Show duration approx. 90 minutes including an interval)

Please contact your Aspire Customer Service team to book your tickets:

Phone: 02 6058 4000 or Email: customerservice@aspire.com.au

Community Events and Activities



1-2-3 Magic® & Emotion Coaching

2 session program:

Thursday 6 June 2019

Thursday 13 June 2019

9:30am to 1pm

Mission Australia

Level 1, Suite 1,

463-467 Kiewa St, Albury



This is a 2 session program—to complete the program you will need to attend all sessions

Learn to manage difficult behaviour in children 2-12 years old.

A program for parents and carer's of 2-12 year olds.

Learn:

- How to discipline without arguing, yelling or smacking
- How to sort behaviour
- How to handle challenging and testing behaviours
- Using emotion coaching to encourage good behaviour

Bookings are essential please contact your Case Manager or
RSVP by emailing ParentingRiverina@missionaustralia.com.au

or contact Stacey on 6942 8001 or Jayne 0428 162 559



Open to the
Community

Tea, Coffee and a Morning Tea will be provided

(Please advise of any special dietary requirements at time of RSVP)

Please note child care is not being provided

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au

**MISSION
AUSTRALIA** | together
we stand

Aspire Support Group Events

Events for June 2019

Group: Attention Deficit Hyperactivity Disorder and/or Oppositional Defiant Disorder and Related Conditions Support Group

What: You are invited to join us for morning tea and the opportunity to meet and share in discussion with other families living with ADHD.

Where: Café Borellas, 117 Borella Road, East Albury 2640

When: Wednesday 19 June, 10.00am – 12.00pm

Group: Autism/Asperger's Family Network Group

What: You are invited to join us for lunch as we reach the end of term and head for the winter holidays. We will take some time to plan for future meetings and guest speakers.

Where: La Maison Café, 40 Lincoln Causeway, Gateway Island 3690

When: Thursday 13 June, 12.30pm – 2.30pm.

Group: Carers Victoria NDIS Support Group/Autism Asperger's Family Network Group

What: Lunch and an opportunity to meet.

Where: La Maison Café, 40 Lincoln Causeway, Gateway Island 3690

When: Wednesday 26 June, 12.30pm – 2.30pm

Group: Caring Grandparents Network

What: Join us for morning tea and a chance to relax with shared friendship and discussion.

Where: Café Borellas, 117 Borella Road, East Albury 2640

When: Friday 21 June, 10.00am – 12.00pm

Group: Dads Group

What: This month, you are invited to join us for dinner and shared friendship.

Where: Brady's Railway Hotel, 450 Smollett Street, Albury 2640

When: Thursday 13 June, 6.30pm



Aspire Support Group Events

Group: Down Syndrome Family Network Group

What: You are invited to take some time for yourself and share an evening with other parents. If you require respite assistance in order to attend and require information please contact Sue Pringle – 02 6058 4000.

Where: La Maison Café, 40 Lincoln Causeway, Gateway Island 3690

When: Saturday 22 June, 6.30pm

Group: Family Network Group

What: You are invited to join us for an end of term luncheon with shared friendship and support.

Where: Sodens Hotel, 459 Wilson Street, Albury 2640

When: Friday 28 June, 12.00pm – 2.00pm

Group: Home Schooling Family Network Group

What: A family get together including art, craft, origami, board games and morning tea.

Where: Retro Lane Café, QEII Square, 525 Swift Street, Albury 2640

When: Thursday 20 June, 10.00am – 12.00pm

Group: Healthy Mothers Healthy Families Support Group

What: You are invited to a morning tea to meet the new volunteer co-ordinator of the group and to plan activities together for next term.

Where: La Maison Café, 40 Lincoln Causeway, Gateway Island 3690

When: Tuesday 18 June, 10.00am – 12.00pm

Group: Solo Parent All-ability Support Group

What: This catch up will include networking and planning for a camping trip.

Where: Corner Café, 1/135 High Street, Wodonga 3690

When: Thursday 6 June, 12.00pm


Bookings essential

Contact your Customer Service Team

T 02 6058 4000

E customerservice@aspiress.com.au

For detailed information on upcoming Aspire events and activities, go to the online Calendar, www.aspiress.com.au/calendar-of-events/



220 Borella Road
Albury
PO Box 7374
East Albury NSW 2640

Tel 02 6058 4000
Fax 02 6058 4050
www.aspiress.com.au
reception@aspiress.com.au

Disclaimer

Any information in this communication has been prepared without taking into account your personal circumstances. You should seek specific advice before acting on any material.

Aspire Support Services ABN 26 154 156 215, accepts no liability whatsoever for reliance on it.