

The Ripple

Edition 22

Welcome to your latest edition of The Ripple

Hello everyone,

This week the National Disability Insurance Agency (NDIA) released its price guide for the 2020 Financial Year. Whilst most of the price changes were as expected there is still one area that is being reviewed which we hope to receive some clarification around in the coming days.

However, it was encouraging to see the price for Therapy Services increase in the new price guide and hopefully, this will encourage Allied Health staff to join the disability industry. These roles are vital and we need to make the disability industry appealing to all of the Allied Health fields.

As previously mentioned Aspire is expanding into the area of Supported Independent Living (SIL) as we see this will be in great demand both now and into the future so if you would like to register your interest in this type of service please contact our Customer Service Team. We have received a great amount of interest so please register your interest as soon as possible.

Kind regards,

Nigel Stone
CEO



Aspire Customer Information



PRIVACY POLICY

Privacy and Confidentiality

Each month, the Aspire Customer Information section provides updates and information on different policies and procedures, and services that you, as an Aspire customer, should be aware of.

This month we are focusing on Privacy and Confidentiality.

Our Privacy and Confidentiality Policy and Procedures state the following:

Policy Statement

Aspire is committed to ensuring the best service of the highest quality to its clients. Part of this commitment includes recognition by the Service, and all employed by the Service, of their legal and ethical responsibilities.

In particular, Aspire is committed to respecting the right to privacy and confidentiality of all its clients.

We place the highest value on the reputation and dignity of our clients, and we are dedicated to the protection of their relationships and the maintenance of their trust.

Handling Personal Information

Staff will have access to personal information only as needed to provide a quality service. When accessing personal information staff are to only:

- Collect only what they need
- Make sure information is accurate
- Keep information safe

Clients have a right to access their records, unless it would pose a serious threat to life or health or is an unnecessary invasion of someone else's privacy. Access can also be denied if it would breach legal privilege, prejudice criminal, disciplinary or tax investigations, or be unlawful.

Disclosing Personal Information

Staff may use information they have received from or about a client to ensure the best possible care.

In all cases, staff should first seek the client's consent. The only times consent is not needed are where:

- Passing on information will prevent serious and imminent harm
- Mandatory notification law applies
- A serious crime is involved
- There is a search warrant or court subpoena

Staff are not to disclose information without consent, without first speaking to either the Chief Executive Officer, the relevant Manager/Team Leader or the On Call Officer.

Privacy

Privacy doesn't only apply to information. Clients expect sound privacy and visual privacy. Clients are entitled to and need private space and they should have somewhere secure to keep their belongings.

Clients should be able to discuss personal issues and talk on the telephone with reasonable sound privacy.

If there is information about our policies and procedures that you would like us to share, email customerservice@aspiress.com.au

NDIS Update



Managing your support budgets

There are three types of support budgets that may be funded in your NDIS plan. The NDIS website provides information on the different types of support and includes a helpful animation explaining what each support is and what you can spend it on.

Below is an excerpt from the article.

The types of support budgets are:

- **Core Supports budget** - help you with everyday activities, your current disability-related needs and to work towards your goals. Your Core Supports budget is the most flexible, and in most cases, you can use your funding across any of the following four support categories. However, there are instances where you do not have flexibility in your funding, particularly for transport funding.
- **Capacity Building Supports budget** - help build your independence and skills to help you reach your long-term goals. Unlike your Core Supports budget, your Capacity Building Supports budget cannot be moved from one support category to another. Funding can only be used to purchase approved individual supports that fall within that Capacity Building category.
- **Capital Supports budget** - include higher-cost pieces of assistive technology, equipment and home or vehicle modifications, and funding for one-off purchases you may need (including Specialist Disability Accommodation). It is important to remember that funds within the Capital Supports budget can only be used for their specific purpose and cannot be used to pay for anything else. The Capital Supports budget has two support categories: Assistive Technology and Home Modifications.

To read the full article including information on stated and in-kind support go to:

www.ndis.gov.au/participants/using-your-plan/managing-your-plan/support-budgets-your-plan

Community Events and Activities



Come and Try

Invitation to All to join the Albury Hotspurs for an introduction to All Ability Soccer/Football.

Dates: Sunday 28 July 2019 and Sunday 11 August 2019

Time: 1pm - 2pm

Where: Lambert Park, South Albury

Registration: Free - please register online and select "All Ability"
www.alburyhotspurs.com.au/registration/

Contact: Aidan Kilroy 0410 676 282 or email the Club Secretary at secretary@alburyhotspurs.com.au

Sausage Sizzle for all players after - gold coin donation welcome.



Celebrating Carers - Free Movie Screening

Intereach Carers Respite and Carelink Centre are hosting a free movie screening of 'Yesterday' for carers in the community. There will also be a short introduction from the Intereach CRCC Team.

Date: Thursday 4 July 2019

Time: 6pm

Venue: Regent Cinemas, 456 Dean St, Albury NSW 2640

Food nibbles and drink (soft drinks, tea coffee) included with the movie. This is a great night to celebrate carers and get together with others in a caring role.

For bookings go to <https://bit.ly/2IXTaYo> or contact the CRCC Team 1800 052 222

Community Events and Activities



**VOICE
TREATY
TRUTH** 07 - 14
JULY 2019
Let's work together for a shared future.

NAIDOC Week Celebrations will be celebrated across Australia in July. Join the **Albury Wodonga NAIDOC Committee** to recognise this National Week that celebrates the history, culture, and achievements of Aboriginal and Torres Strait Islander peoples.

The opening event will take place on **Saturday 6 July 2019** in **QEII Square, Dean Street, Albury** and will be buzzing with festivities of local and national Aboriginal music, food, art, and culture.

Entry is free, and all are welcome. For more information www.visitalburywodonga.com

Aspire Support Group Events

Events for July 2019

Group: Albury Wodonga Down Syndrome Family Network Group

What: We are taking a short break. Our next meeting will be held in August.

Group: Albury Wodonga Home Schooling Family Network Group

What: You are invited to join us for a family group session in String Art with Art Space Wodonga Artist in Residence – Beth Peters.

Where: Art Space Wodonga, 160 Lawrence Street, Wodonga

When: Thursday 25 July, 10.00am

Group: Aspire Family Network Group

What: You are invited to join us for a luncheon with shared friendship and support.

Where: Elgin's Bistro, 51-53 Elgin Blvd, Wodonga

When: Thursday 25 July, 12.30pm – 2.30pm

Aspire Support Group Events

Group:	Attention Deficit Hyperactivity Disorder and/or Oppositional Defiant Disorder and Related Conditions Support Group
What:	You are invited to join us for morning tea and the opportunity to meet and share in discussion with other families living with ADHD.
Where:	Café Borellas, 117 Borella Road, East Albury
When:	Wednesday 24 July, 10.00am – 12.00pm

Group:	Carers Victoria NDIS Support Group/Autism Asperger's Family Network Group
What:	NDIS MyPlace Portal information session with Karyn O'Brien, Workplace Trainer and Renee Leary, Development Officer with Latrobe Community Health – Local Area Co-ordination Service Ovens Murray. This session includes a light luncheon. Please bring your own device: phone, tablet, laptop to access the NDIS Portal. Wi-Fi is provided. This is a Q and A session.
Where:	La Maison Café, 40 Lincoln Causeway, Gateway Island
When:	Wednesday 31 July, 12.30pm – 2.30pm

Group:	Caring Grandparents Network
What:	You are invited to a "Wellness Day" at Zen Day Spa. Choose from a range of massage, pedicure and facial options.
Where:	Zen Day Spa, 452 Swift Street, Albury
When:	Friday 26 July

Group:	Dads Group
What:	This month join us to see the movie Spider-Man: Far From Home.
Where:	Regent Cinemas, 456 Dean Street, Albury
When:	Sunday 7 July, time to be advised.

Group:	Healthy Mothers Healthy Families Support Group – Albury Wodonga
What:	You are invited to a "Wellness Day" at Zen Day Spa. Choose from a range of massage, pedicure and facial options.
Where:	Zen Day Spa Albury, 452 Swift Street, Albury
When:	Tuesday 23 July

Group:	Solo Parent All-ability Support Group
What:	We are taking a short break. Our next meeting will be held in August.

Aspire Support Group Events

Expressions of Interest (EOI) - Melbourne Mothers Weekend 2019

This year, the Mothers Weekend is planned for **Friday 16 August to Sunday 18 August**, staying at the Mantra on Russell, in the centre of Melbourne in two-bedroom apartments.

If you require respite in order to attend and need assistance with organising this, please let us know when you register your interest. Please confirm your interest as soon as possible with your Customer Service Team on 02 6058 4000 or **customerservice@aspiress.com.au**

Save the Date - Girls and Women with Autism Spectrum Disorders Workshop

Sally Rigley, Developmental and Educational Psychologist from The ASD Clinic will be presenting a workshop on Girls and Women with Autism Spectrum Disorders on **Friday 6 September 2019**.

Save the Date - ADHD & Demand Avoidance Seminar

Rebecca Perkins, Founder of My Special Child and Christina Keeble, Founder of Neuro-Divergent Mum will be presenting a seminar with information and strategies for ADHD, Demand Avoidance (PDA) and Oppositional Behaviour in Albury on **Friday 8 November 2019**. The seminar will focus on a range of topics such as learning and educational strategies, emotional regulation and home strategies.

Bookings for Aspire Support Group Events are essential

Contact your Customer Service Team on 02 6058 4000 or **customerservice@aspiress.com.au**
For detailed information on upcoming Aspire events and activities, go to the online Calendar, **www.aspiress.com.au/calendar-of-events/**

220 Borella Road
Albury
PO Box 7374
East Albury NSW 2640

Tel 02 6058 4000
Fax 02 6058 4050
www.aspiress.com.au
reception@aspiress.com.au

Disclaimer

Any information in this communication has been prepared without taking into account your personal circumstances. You should seek specific advice before acting on any material.

Aspire Support Services ABN 26 154 156 215, accepts no liability whatsoever for reliance on it.