

# The Ripple

Edition 26

Welcome to your latest edition of The Ripple

## Supported Independent Living

In last month's edition of The Ripple, I announced that Aspire was expanding into providing Supported Independent Living. We are now looking to hear from customers that have Supported Independent Living (SIL) funding in their NDIS plans so we can talk about the options available to them. We currently have places available for customers who have SIL funding in their NDIS plans and we are ready to move forward to assist people to live independently. If you have any questions regarding SIL or if you're not sure about your eligibility please contact our Customer Service Team and they will assist you through this process.

## Feedback

Last year Aspire wrote to all customers asking them to complete a survey that looked at customer satisfaction along with questions around the types of services that families would like to see on offer. We will be conducting another survey next year but I would also encourage customers and families to provide us with feedback at any stage. Your feedback is really important to us and so is receiving feedback in real-time when things occur. Feedback can be both positive and negative and we are always open to hear of opportunities for improvements and to also pass on your positive feedback to staff.

Our website has a specific link called "Give a Compliment/Provide Feedback" which enables you to provide us with your comments directly.

Kind regards,



Nigel Stone  
CEO

# Specialist Services Update



## Early Childhood Intervention Service

Aspire Early Childhood Intervention Service work alongside children with additional needs and disabilities with their families to achieve their goals and aspirations.

The centre, which is located at Charles Sturt University Thurgoona, has a team of:

- Educators
- Physiotherapists
- Speech Pathologists
- Occupational Therapists
- Family Support and Intake Workers, and
- Teaching Aides

The team will work with you, your family and your child to meet your individual needs. This can be in your home, your children's natural settings (including education or community settings) or centre-based, wherever is the most suitable for you and your child. The team will work alongside a child and their family to offer evidence-based interventions, utilising current research and best practice guidelines, equipment, and resources to achieve family goals and aspirations.

We provide the following services:

- Transdisciplinary Key worker Services for children birth to 6 years
- Multidisciplinary Allied Health Services for children 7 to 12 years
- Specialist Groups
- Clinical Services (including psychology)

To assist your child in achieving their goals, each family is assigned a transdisciplinary Key Worker. A Key Worker maybe an educator, a physiotherapist, a speech pathologist or an occupational therapist. With support from other team members, your Key Worker works in partnership with you and other caregivers to achieve a child's goals and aspirations. They will provide advice, education, and therapy to promote your child's learning, development and participation in everyday activities.

To access Early Childhood Intervention Services please contact our Customer Service Team on 02 6058 4000.

# NDIS Update



## Get Support For Your Child

The NDIA worked with a range of leading Australian early childhood intervention practitioners and researchers to design the Early Childhood Early Intervention (ECEI) approach.

The approach has been designed to identify the type and level of support a child needs to achieve their best outcome. A child's early years are very important as they set up how they will learn and develop later in life.

The approach supports best practice in early childhood intervention because it helps the child and family to build their capacity and supports greater inclusion in community and everyday settings, meaning each child will be provided with opportunities to grow and learn.

The NDIS website provides information on:

- How the ECEI approach works
- How to get support for your child
- How the ECEI approach works for existing NDIS participants
- The ECEI approach when your child receives government funded supports
- Children to get faster access to NDIS supports

To read more about Early Childhood Early Intervention please visit:

**[www.ndis.gov.au/understanding/families-and-carers/get-support-your-child](http://www.ndis.gov.au/understanding/families-and-carers/get-support-your-child)**

# Aspire Community Grants



## Aspire Community Grants Scheme 2019 – Apply Now!

### Applications close on 12 November 2019

The Aspire Community Grants Scheme 2019 aims to support the needs of the local community by making grants available to eligible people for undertakings that seek to improve the quality of their life or that of a family member or community group.

Aspire sees the Community Grants Scheme as a way to further support people with a disability, families and community groups:

- in such times of additional need
- in areas as education, community access, sport, technology and mobility

Applications are invited from community members within the cities of Albury and Wodonga, as well as Corowa and Greater Hume Shires. Aspire strives to provide a confidential, effective and timely means of dealing with applications. Aspire can only provide this service as a result of working in partnership with community groups, and with an annual donation from the Albury Commercial Club.

### Apply today

Apply today if you are seeking funding for:

- an activity that has ongoing benefit to individuals and the community
- innovative undertakings that may not meet the requirements of other funding sources
- projects undertaken by or through small groups
- projects that are in keeping with the Mission and Values of Aspire

For further information and to apply for the Aspire Community Grants Scheme please go to the Aspire website and complete the online form at [www.aspiress.com.au](http://www.aspiress.com.au)

# Community Events & Activities

## Mothers and Daughters High Tea

For Grandmothers, Mothers and Daughters of any age to share some personal time together.

**When:** Sunday 17 November 2019  
Arrival from 11:15am  
Commences 11:30am and concludes at 2:30pm  
Includes craft activities for children

**Location:** Commercial Club, Dean Street, Albury

**Price:** Adults \$15.00 per person  
Children 12-under 18 years \$10.00 per person  
Children under 12 years \$5.00 per person

Payment prior to the High Tea would be appreciated.  
Cash or cheque at Aspire Reception  
EFT to Hume Bank  
Account name: Aspire Support Services  
BSB: 640 000  
Account number: 111 179 316  
Reference: Your Name / High Tea



## Dad's Group Weekend Away

On the weekend of the 25th October, the Dad's Group had a relaxing weekend away in Mulwala as part of the Carers Week celebrations. Staying at Yarrawonga lakeside apartments, the weekend was all about relaxing and enjoying some time out from day to day life.



# Community Events & Activities



**'World Festival of Magic'** is a world-class magic and comedy live theatre production. Created and performed by the internationally recognised magician, Michael Boyd, and comedian, Marty Putz.

Kids will revel in its youthful style of physical comedy, and be enthralled with cutting edge illusions and dramatic presentations of classic magic acts from ages past. This show is fun and enjoyable for the whole family.

Thanks to the generous support & sponsorship from the business communities of the Albury/Wodonga region, **Tickets are COMPLIMENTARY for children with disabilities, severe, chronic & mental illnesses, and for children in less fortunate & vulnerable circumstances. \*Tickets for family members, carers, teachers, etc. are also complimentary.** We hope it provides a wonderful day of respite & fun that otherwise may not be possible.

## When & Where

**Wednesday 20th November 2019 @ 10.30am & 4.30pm**

*\*Show duration approx. 90 minutes including an interval.*

**Albury Entertainment Centre – 525 Swift Street, Albury NSW**

## How to Book Tickets

*(Terms & Conditions)*

- One Ticket per Person is required for Admission. Please only order tickets that you intend to use.
- Please book your tickets ASAP. Tickets are distributed on a 'first come-first served' basis. Tickets are limited. Availability is not guaranteed.

**Please contact Aspire Customer Service Team on 02 6058 4000 or [customerservice@aspiress.com.au](mailto:customerservice@aspiress.com.au) with your contact details, name, number of tickets and time of the show.**

## Feeling sick? Flu? Fever?

To ensure the wellbeing of our staff and other customers please reschedule your appointment if you or your child are not feeling well or have cold and flu symptoms.

***Help us to prevent the spread of illness and keep everyone healthy.***



# Aspire Support Group Events

**Group:** **Attention Deficit Hyperactivity Disorder and/or Oppositional Defiant Disorder and Related Conditions Support Group**  
**What:** You are invited to join us at the ADHD & Demand Avoidance Seminar on behalf of our support group. Cost: Subsidised for families \$25 / Professionals \$60  
**Where:** Commercial Club Albury, 618 Dean Street, Albury  
**When:** Friday 8 November, 9:30am

**Group:** **Autism/Asperger's Family Network Group**  
**What:** Exploring Music Therapy with registered Music Therapist Simone Reeder of Music Garden, Mansfield.  
**Where:** La Maison Café, 40 Lincoln Causeway, Gateway Island 3690  
**When:** Friday 22 November, 12:30pm

**Group:** **Carers Victoria NDIS Support Group/Autism Asperger's Family Network Group**  
**What:** Guest speaker Greg Barry, SDA Services Pty Ltd, Qld.  
**Where:** La Maison Café, 40 Lincoln Causeway, Gateway Island  
**When:** A Wednesday date in November to be confirmed., 12:30pm

**Group:** **Caring Grandparents Network**  
**What:** You are invited to join us for shared support and friendship.  
**Where:** Café Borellas, 117 Borella Road, East Albury  
**When:** Friday 22 November, 10:00am

**Group:** **Dads Group**  
**What:** This month join us at the cinema.  
**Where:** Regent Cinemas, 456 Dean Street, Albury  
**When:** Sunday 10 November, time to be advised.

**Group:** **Albury Wodonga Down Syndrome Family Network Group**  
**What:** You are invited to join us for morning tea and shared support and friendship.  
**Where:** The River Deck Café, 40 Noreuil Parade, South Albury  
**When:** Sunday 10 November, 10:00am

**Group:** **Aspire Family Network Group**  
**What:** You are invited to join us for lunch with shared friendship and support.  
**Where:** The Clubhouse Bar & Bistro, 10 Clubhouse Place, West Wodonga  
**When:** Friday 15 November, 12:30pm

## Bookings essential

Contact your Customer Service Team on 02 6058 4000 or [customerservice@aspiress.com.au](mailto:customerservice@aspiress.com.au)  
For detailed information on upcoming Aspire events and activities, go to the online Calendar, [www.aspiress.com.au/calendar-of-events/](http://www.aspiress.com.au/calendar-of-events/)

# Aspire Support Group Events

**Group:** Albury Wodonga Home Schooling Family Network Group

**What:** You are invited to join us for a 1-hour group session at Supaworld.

**Where:** Supaworld Wodonga, 5/2 Romet Road, Wodonga

**When:** Expressions of interest please for the most suitable day/time in November.

**Group:** Healthy Mothers Healthy Families Support Group – Albury Wodonga

**What:** You are invited to join us for lunch and the opportunity to try a range of healthy food choices together and plan for future activities of the group.

**Where:** Greenstreet, Shop 19 City Walk Arcade, Albury

**When:** Thursday 21 November, 12:30pm

**Group:** Solo Parent All-ability Support Group

**What:** You are invited for a planning, catch up and coffee meeting where we will be planning the next 12 months.

**Where:** Retro Lane Café, QE11 Square, 525 Swift Street, Albury

**When:** Monday 11 November, 10:00am



## **Borella Road Office**

Closed from 5.00pm, Tuesday 24 December 2019 and will re-open at 9:00am, Thursday 2nd January 2020

## **Early Childhood Intervention**

Closed from 5.00pm, Tuesday 24 December 2019 and will re-open at 9:00am, Thursday 2nd January 2020

## **Lifestyle and Learning**

Closed from 5:00pm, Friday 20 December 2019 until 9:00am, Thursday 2 January 2020

## **Supported Accommodation**

Services as normal

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### **Disclaimer**

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